



## ***Symposium on sustainable food systems for healthy diets in countries of Central and South Eastern Europe (CSEE) with integrated training on food consumption data collection and strengthening the thematic regional networking***

**15-17 October 2018, Belgrade, Serbia**

### **Concept note**

#### ***Background***

As a result of recent major policy international process in nutrition generated by the **ICN2 Rome Declaration on Nutrition and its Framework for Action (FFA)**<sup>1</sup>, and the **UN Decade of Action on Nutrition**<sup>2</sup>, many countries in the region have re-positioned nutrition high on the agenda and confirmed their commitments to address malnutrition in all its forms, undertaking efforts to work throughout the food system and initiating actions to promote healthy diets. **The FAO/WHO Regional Symposium on Sustainable Food Systems for Healthy Diets in Europe and Central Asia, held on 4-5 December, 2017, in Budapest, Hungary** (<http://www.fao.org/europe/events/detail-events/en/c/1034293/>) promoted a better understanding how to apply in practice the food system perspective and provided a platform for multisectoral interaction, involving representatives from food and agriculture, health, education and social protection in consultations, exchange of knowledge, views, practical solutions, good experiences and lessons learned from the implementation of policy options and strategies to improve the nutritional status and health of all groups of population. Follow-up activities in the region are necessary to support disseminating the key messages from the regional symposium and promote further the food system approach and thinking.

According to the definition of the **High-Level Panel of Experts**, “a food system gathers all the elements (environment, people, inputs, processes, infrastructures, institutions, etc.) and activities that relate to the production, processing, distribution, preparation and consumption of food, and the output of these activities,

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<sup>1</sup>FAO&WHO. 2014. Second International Conference on Nutrition. ICN2 2014/2. Rome Declaration on Nutrition.

<http://www.fao.org/3/a-ml542e.pdf>&FAO&WHO. 2014. Second International Conference on Nutrition. ICN2 2014/2. Framework for Action. <http://www.fao.org/3/a-mm215e.pdf>

<sup>2</sup>UN. 2016. GA Resolution 70/259. The UN Decade of Action on Nutrition (2016-2025).

([http://www.un.org/en/ga/search/view\\_doc.asp?symbol=A/RES/70/259](http://www.un.org/en/ga/search/view_doc.asp?symbol=A/RES/70/259))

including socio-economic and environmental outcomes”<sup>3</sup>. The HLPE’s conceptual framework<sup>4</sup> proposed for **food systems** contains three core constituent elements:

1. **food supply chains** (that include production systems, storage and distribution, processing and packaging, retail and markets);
2. **food environments** (that include availability and physical access (proximity), economic access (affordability), promotion, advertising and information, food quality and safety);
3. **consumer behavior** (reflects choices and decisions made by consumers, at the household or individual level, on what food to acquire, store, prepare, cook and eat, and on the allocation of food within the household).

**Sustainable food systems emphasize the role of diets as a core link between food systems and their health and nutrition outcomes. Food supply chains, food environments and consumer behaviour are the key connection points for nutrition and health. Sustainable food systems are economic, social and environmental bases that generate food security and nutrition for future generations.**

To promote better understanding of food system approach in Central and South Eastern Europe countries region, CAPNUTRA, Capacity Development in Nutrition Network in CSEE ([www.capnutra.org](http://www.capnutra.org)), in close collaboration and with support of FAO Regional Office for Europe and Central Asia (FAO <http://www.fao.org/europe/en/>), organizes and implements a 3-day Symposium on Sustainable Food Systems for Healthy Diets in countries of Central and South Eastern Europe (CSEE) countries, with integrated training on food consumption data collection and strengthening the thematic regional networking.

The symposium will be a good opportunity to promote World Food Day, celebrated annually on 16th October, to commemorate the founding of the FAO in 1945. This year theme is Our Actions are our Future. A #ZeroHunger world by 2030 is possible. <http://www.fao.org/world-food-day/theme/en/>.

### **Objectives**

The main objectives of this symposium are raising awareness on sustainable food system approach for improving diets and nutrition particularly related to thematic areas: <sup>5</sup>

1. Governance, leadership and accountability for nutrition;
2. Public health and the food system; Food, Nutrition and Health Research Infrastructure
3. Food supply, food demand and food environment
4. Improving nutrition of vulnerable groups;
5. Nutrition education and food systems;
6. Capacity development and training in harmonization of food consumption collection and dietary intake survey in Central and South Eastern Europe;
7. Networking, establishing collaboration between sub-regional capacity development networks.

### **Participants**

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<sup>3</sup> HLPE. 2014. Food losses and waste in the context of sustainable food systems. A report by the High-Level Panel of Experts on Food Security and Nutrition of the Committee on World Food Security. Rome. <http://www.fao.org/3/a-i3901e.pdf>

<sup>4</sup>HLPE. 2017. Nutrition and food systems. A report by the High-Level Panel of Experts on Food Security and Nutrition of the Committee on World Food Security, Rome. <http://www.fao.org/3/a-i7846e.pdf>

<sup>5</sup> This is in with the key messages from the FAO/WHO Regional Symposium on Sustainable Food Systems for Healthy Diets in Europe and Central Asia held on 4-5 December 2017 in Budapest (<http://www.fao.org/3/mw166en/mw166en.pdf>)

From the CSEE region, national representatives from the following countries are invited: Albania, Bosnia and Herzegovina, Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, The former Yugoslav Republic of Macedonia, Moldova, Montenegro, Hungary, Poland, Romania, Serbia, Slovakia, Slovenia. For networking part, besides CAPNUTRA, participants are also invited from the Eurasian Centre for Food Security and from the Regional Nutrition Capacity Development and Partnership Platform in Central Asia and Caucasus.

### ***Speakers***

The symposium will welcome speakers related to different thematic areas of Food Systems from: Hungary, FAO Regional Office for Europe and Central Asia, (Achieving zero hunger by addressing the triple burden of malnutrition), The Netherlands (Public health and the food system; Food, Nutrition and Health Research Infrastructure FNH-RI), Belgium (Nutrition Education), Denmark (Food Demand, trans fatty acids), Italy – EFSA (Harmonization of food consumption collection with EU Menu methodology); UK (Food composition data bases worldwide as important research infrastructure in food and nutrition research); UNICEF (The child nutrition overview in Europe and Central Asia region and the linkages with Food systems; Regional Nutrition Capacity Development and Partnership Platform in Central Asia and Caucasus, Bulgaria & Hungary (Improving nutrition of vulnerable groups (preschool and school children), Serbia (International engagement and opportunity frameworks for sustainable food systems; Regional harmonization in food and nutrition data collection for evidence-based policy making).

### ***Questionnaire***

National representatives attending the Symposium were kindly invited to complete a questionnaire designed within the joint initiative of the CAPNUTRA, Capacity Development in Nutrition Network in CSEE ([www.capnutra.org](http://www.capnutra.org)) and the FAO Regional Office for Europe and Central Asia (<http://www.fao.org/europe/en/>) that aims to identify/evaluate countries' and sub-regional specific status of various elements of food systems and related needs to improve their contribution to healthy diets in CSEE. Participants from CSEE region will present different topics related to food systems and answers from the questionnaire i.e. specific situation in their countries. Furthermore, all CSEE national representatives are asked to provide 10 recipes of traditional local dishes from their country and list 10 local, underutilized nutrition-rich food items. These data will be summarized, analysed and presented as poster presentations by CAPNUTRA team.

### ***Outputs from the symposium***

- “Belgrade Declaration for strengthening regional capacities on sustainable food systems for healthy diets and nutrition in Central and South Eastern European region” discussed and agreed.
- Symposium report with key messages on leveraging the potential of various food systems' elements for improving nutrition in the sub-region will be written based on identified status.



## AGENDA

### *Symposium on sustainable food systems for healthy diets in countries of Central and South Eastern Europe (CSEE) with integrated training on food consumption data collection and strengthening the thematic regional networking*

**15-17 October 2018, Belgrade, Serbia**

#### 15 October 2018, Monday

8.00-9.00	Registration
9.00-9.50	<b>Opening session</b>
<b>Chair: Mirjana Gurinović</b>	
<p>Raimund Jehle, PhD, Regional Program Leader, FAO Regional office for Europe and Central Asia, Budapest, Hungary</p> <p>Amirhossein Yarparvar, MSc, Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Almaty, Kazakhstan</p> <p>Sofia Ioannidou, MSc, Scientific Officer, Evidence Management Unit (DATA), European Food Safety Authority (EFSA), Parma, Italy</p> <p>Tamara Bošković, MSc DVM, EFSA advisory board member, Head of food safety section, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia</p>	
9.50-10.30	Coffee break & Group photo

### Sustainable Food Systems for Healthy Diets in CSEE

**Objective:** Raising the awareness of the opportunities to improve nutrition through sustainable food systems and good practices from CSEE mirroring and considering four thematic areas of the FAO/WHO Regional Symposium on Sustainable Food Systems for Healthy Diets in Europe and Central Asia, December 4-5, 2017, held in Budapest, Hungary, including food supply; food demand and food environment; improving nutrition of vulnerable groups (preschool and school children) and governance, leadership and accountability. Key messages from the regional symposium will be prioritized for the CSEE sub-region and a recent FAO/WHO document “Strengthening nutrition action: A resource guide for countries based on the policy recommendations of the Second International Conference on Nutrition” will be introducing to facilitate the actions at country level.

#### **Chairs & Moderators Pieter van’t Veer & Mirjana Gurinović**

10.30-10.40	Welcome	Mirjana Gurinović, Pieter van’t Veer
10.40-11.10	International engagement and opportunity frameworks for sustainable food systems for healthy diets -Introduction to the “Strengthening nutrition action: A resource	<u>Dr. Mirjana Gurinović</u> , MD PhD Nutrition, Scientific Research Advisor, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical

	guide for countries based on the policy recommendations of the ICN2”	Research, University of Belgrade, CAPNUTRA, Belgrade, Serbia Associate Prof. Dr. Eleonora Dupouy, Food Safety and Quality Officer, Food and Agriculture Organization of United Nations (FAO), Budapest, Hungary
11.10-11.40	Public health and the food system: food choice and consumption as the linking pin	<u>Prof. Dr. Pieter van't Veer</u> , Division of Human Nutrition and Health, Wageningen University, Wageningen, The Netherlands
11.40-12.10	Achieving zero hunger by addressing the triple burden of malnutrition	<u>Aniko Nemeth</u> , PhD & <u>Mary Kenny</u> , PhD, FAO Regional Office for Europe and Central Asia, Budapest, Hungary
12.10-12.40	The child nutrition overview in Europe and Central Asia region and the linkages with Food systems	<u>Amirhossein Yarparvar</u> , MSc, Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Almaty, Kazakhstan
12.40-12.50	Country presentation: Albania	<u>Prof. Dr. Zef Gjetax</u> , Department of Public Health, Tirana, Albania
12.50-13.00	Country presentation: Bosnia and Herzegovina	<u>Prof. Dr. Katica Arar</u> , Food Safety Agency, Mostar, Bosnia and Herzegovina <u>Dr. Aida Filipović - Hadžiomerađić</u> , MD, PhD, Federation Institute for Public Health, Sarajevo, Bosnia and Herzegovina <u>Dr. Dragana Stojisavljević</u> , MD, PhD, University of Banja Luka, Faculty of Medicine, Public Health Institute of the Republic of Srpska, Banja Luka, Republic of Srpska, Bosnia and Herzegovina
13.00-13.10	Country presentation: Bulgaria	<u>Prof. Dr. Vesselka Duleva</u> , Department “Food and Nutrition” National Centre of Public Health and Analyses, Sofia, Bulgaria
13.10-13.20	Country presentation: Hungary	<u>Dr. Viktoria Anna Kovacs</u> , MD PhD, National Institute of Pharmacy and Nutrition, Budapest, Hungary
13.20-15.00	Lunch Poster session (Traditional recipes and under-utilized foods from Central and South Eastern European countries on posters)	
15.00-15.30	Healthy Nutrition for Children: The Healthy Future of Europe – the priority of Bulgarian presidency of the Council of European Union, main area for future activities in EU and the final Council Conclusion	<u>Prof. Dr. Vesselka Duleva</u> , Department “Food and Nutrition” National Centre of Public Health and Analyses, Sofia, Bulgaria
15.30-16.00	Essential academic competencies and partnerships for Sustainable Food Systems for Healthy Diets	<u>Prof. Dr. Carl Lachat</u> , Department of Food Technology, Safety and Health, Ghent University, Belgium

16.00-16.30	Industrially produced trans-fats in popular foods: market basket investigations in Central Asian and in Central and South Eastern European countries. Time to protect the populations?	<u>Prof. Dr. Steen Stender</u> , Department of Nutrition, Exercise and Sports, University of Copenhagen, Denmark
16.30-17.00	Coffee break Poster presentation of regional overview of Food System elements in CSEE (CAPNUTRA team)	
17.00-17.10	Country presentation: The former Yugoslav Republic of Macedonia	<u>Asst. Prof. Igor Spiroski</u> , MD PhD MPH, Department of Physiology and Monitoring of Nutrition, Institute of Public Health, Skopje, The former Yugoslav Republic of Macedonia
17.10-17.20	Country presentation: Republic of Moldova	<u>Prof. Dr. Lidia Cosciug</u> , Technical University of Moldova, Chisinau, Republic of Moldova
17.20-17.30	Country presentation: Montenegro	<u>Dr. Zorica Đorđević</u> , MD PhD, Institute of Public Health, Podgorica, Montenegro
17.30-18.00	Discussion & conclusions and priority main key messages for CSEE region	
19.30-22.00	Dinner	

16 October 2018, Tuesday

## Capacity development and training workshop in harmonisation of the food consumption collection and dietary intake survey

**Objective:** Capacity development (CD) and training workshop in harmonisation of food consumption collection and dietary intake survey with the aim to develop capacity in dietary intake survey harmonization with EU Menu methodology and presentation of importance of harmonized and standardized food consumption collection, dietary intake assessment, food composition data bases, risk assessment and CD in nutrition and food safety. The recommendation # 58 of the ICN 2 Framework for Action (FfA) urge countries to improve and harmonize the monitoring and evaluation of nutritional data. Collection of the dietary intake data are essential for evidence-based policy making in the areas of leveraging the potential of nutrition-sensitive agriculture and food systems for healthy diets and closely link with Decade of Action in Nutrition-Specific activity related to thematic area of Governance. Harmonisation of food consumption collection and dietary intake survey which is in close link with the ICN 2 FfA recommendations and Decade of Action in Nutrition is important for CSEE region since that kind of the standardized and harmonized data are missing.

**Chairs & Moderators:** Sofia Ioannidou & Paul M Finglas & Maria Glibetić

10.00-10.30	Harmonization in food consumption data collection with EU Menu methodology across Central and South Eastern Europe- Experiences and perspectives	<u>Sofia Ioannidou</u> , MSc, Scientific Officer, Evidence Management Unit (DATA), European Food Safety Authority (EFSA), Parma, Italy
10.30-11.00	How FNH-RI transforms the European food and health research domain?	<u>Prof. Dr. Pieter van't Veer</u> , Department of Agrotechnology and Food Sciences, Wageningen University, Wageningen, The Netherlands
11.00-11.30	Food composition data bases in Europe and beyond as important research infrastructure in food and nutrition research	<u>Paul M Finglas</u> , PhD, Head, Food Databanks National Capability and Research Leader in Food & Health, Quadram Institute Bioscience, Norwich, United Kingdom
11.30-12.00	Coffee break	
12.00-12.10	Country presentation: Latvia	<u>Ilva Lazda</u> , Mg. sc. sal., Senior Expert - Nutritionist, Department of Risk Assessment and Epidemiology, Institute of Food Safety, Animal Health and Environment BIOR, Riga, Latvia
12.10-12.20	Country presentation: Lithuania	<u>Indrė Stoškuvienė</u> , MSc, Head, Department of Food Risk Assessment, National Food and Veterinary Risk Assessment Institute, Vilnius, Lithuania
12.20-12.30	Country presentation: Estonia	<u>Änn Jõgi</u> , MSc, Project manager, Department of Nutrition Research, National Institute for Health Development, Tallinn, Estonia
12.430-12.40	Country presentation: Poland	<u>Dr. Ewa Halicka</u> , Faculty of Human Nutrition and Consumer Sciences, Warsaw University of Life Sciences, Warsaw, Poland

12.40-14.30	Lunch Poster sessions (Traditional recipes and under-utilized foods on posters from CSEE countries)	
14.30-15.00	Regional harmonization in food and nutrition data collection for evidence-based policy making in Serbia and Balkan region	<u>Dr. Maria Glibetić</u> , Research Professor, Chair, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
15.00-15.30	Presentation of the Diet Assess & Plan (DAP) platform implementation in Balkan region in EFSA EU Menu dietary survey	<u>Agnes Kadvan</u> , IT project manager, CAPNUTRA, Belgrade, Serbia
15.30-16.00	<b>DISCUSSION:</b> Harmonization of the food consumption collection and dietary intake survey - EU MENU methodology in the region	All participants
16.00-16.20	Coffee break Poster presentation of regional trends in Capacity development in nutrition research in CSEE (CAPNUTRA team)	
16.20-16.30	Country presentation: Romania	<u>Dr. Mirela Nedelescu</u> , MD MSc PhD, National Institute of Public Health Romania, National Centre for Environmental Hazards Monitoring, Nutrition and Food Safety Department, Bucharest, Romania
16.30-16.40	Country presentation: Serbia	<u>Dr. Dragana Jović</u> , MD PhD, The Public Health Institute of Serbia "Dr Milan Jovanovic Batut" Belgrade, Serbia
16.40-16.50	Country presentation: Slovenia	<u>Asst. Prof. Dr. Mojca Korošec</u> , Department of Food Science and Technology, Biotechnical Faculty, University of Ljubljana, Ljubljana, Slovenia
16.50-17:30	<b>DISCUSSION:</b> "How to become part of the FNH-RI community?"	<u>Prof. Dr. Pieter van't Veer</u> , Department of Agrotechnology and Food Sciences, Wageningen University, Wageningen, The Netherlands
17:30-17:45	Conclusions and priority main key messages for CSEE region	
20:00	Dinner	



**17 October 2018, Wednesday**

**Networking, sharing knowledge, experiences for establishing the collaboration between capacity development networks**

**Objective:** Networking, sharing knowledge, experiences for establishing close collaboration between capacity development networks and projects in Europe and Central Asia, such as: Capacity Development in Nutrition, CAPNUTRA, Network for Central and South Eastern Europe; Regional Nutrition Capacity Development and Partnership Platform for Central Asia and Caucasus and Eurasian Food Security and Nutrition Network within Eurasian Centre for Food Security (for sharing knowledge, capacity development on methodologies and planning joint activities following on the ICN2 FfA Recommendation # 6: Promote inter-country collaboration).

**Chairs & Moderators:** **Pieter van't Veer & Amirhossein Yarparvar & Mirjana Gurinović**

10.00-10.30	CAPNUTRA experiences and opportunities for collaboration in capacity development in nutrition with other networks	<u>Dr. Mirjana Gurinović</u> , MD PhD Nutrition, Scientific Research Advisor, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia; CAPNUTRA
10.30-11.00	The Regional Nutrition Capacity Development and Partnership Platform for Central Asia and Caucasus, necessities and the progress	<u>Amirhossein Yarparvar</u> , MSc, Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia, Regional Nutrition Capacity Development and Partnership Platform for Central Asia and Caucasus, Almaty Bureau, Almaty, Kazakhstan.,
11.00-11.30	Food System and Food Environment in the Russian Federation	<u>Anastasia Fabrichnova</u> , MSc, Eurasian Centre for Food Security (ECFS) and its Network in Food Security and Nutrition, Eurasian Center for Food Security, Moscow, Russian Federation
11.30-12.00	Capacity development in global harmonisation of food data; WHO project: Global Challenges Research Fund (GCRF)	<u>Paul M Finglas</u> , PhD, Head, Food Databanks National Capability and Research Leader in Food & Health, Quadram Institute Bioscience, Norwich, United Kingdom
12.00-12.30	Coffee break	
12.30-12.40	Discussion & conclusions and priority main key messages for networking and future collaboration	
12.40-13.00	Closing remarks from the symposium and key messages on leveraging the potential of various food systems' elements for improving nutrition in the sub-region "Belgrade Declaration for strengthening regional capacities on sustainable food systems for healthy diets and nutrition in Central and South Eastern European region" presentation and agreement Certificates	
13.00-15.00	Lunch Scientific committee lunch meeting	

### **Scientific committee**

- Dr. Mirjana Gurinović, MD PhD Nutrition, Scientific Research Advisor Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Capacity Development Network in Nutrition in Central and South Eastern Europe, CAPNUTRA, Belgrade, Serbia, Symposium coordinator
- Prof. Dr. Maria Glibetić, Head, Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Capacity Development Network in Nutrition in Central and South Eastern Europe, CAPNUTRA Belgrade, Serbia
- Dr. Eleonora Dupouy, Food Safety and Quality Officer, Food Safety and Quality Unit (AGFF), Food and Agriculture Organization of the United Nations (FAO), Rome, Italy
- Dr. Raimund Jehle, Regional Program Leader, FAO Regional office for Europe and Central Asia, Budapest, Hungary
- Prof. Dr. Pieter van't Veer, Division of Human Nutrition, Department of Agrotechnology and Food Sciences, Wageningen University, Wageningen, The Netherlands
- Paul M Finglas, PhD, Food Databanks National Capability and Research Leader in Food & Health, Quadram Institute Bioscience, Norwich, United Kingdom
- Sofia Ioannidou, MSc, Scientific Officer, Evidence Management Unit (DATA), European Food Safety Authority, (EFSA), Parma, Italy
- Prof. Dr. Steen Stender, Department of Nutrition, Exercise and Sports, University of Copenhagen, Copenhagen, Denmark
- Prof. Dr. Carl Lachat, Department of Food Safety and Food Quality, University of Gent, Gent, Belgium
- Amirhossein Yarparvar, MSc, UNICEF Regional Office for Europe and Central Asia, Almaty Bureau, Almaty, Kazakhstan
- Prof. Dr. Vesselka Duleva, Department "Food and Nutrition" National Centre of Public Health and Analyses, Sofia, Bulgaria

### **Organizing committee**

Team from the Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade and CAPNUTRA, Belgrade, Serbia responsible for organisation, implementation of the symposium and training :

- Maria Glibetić
- Mirjana Gurinović
- Milica Zeković
- Marina Nikolić
- Jelena Milešević
- Marija Ranić
- Agnes Kadvan

## Information Note for Participants

### Venue

The “Symposium on sustainable food systems for healthy diets in countries of Central and South Eastern Europe (CSEE) with integrated training on food consumption data collection and strengthening the thematic regional networking” will be held in the Hotel M (Bulevar Oslobođenja 56a, 11000 Belgrade, Serbia, <http://www.kongresniturizam.com/Hotel/hotel-m-beograd>).

The event will start at 8.30 hours on Monday, 15 October 2018, and will conclude at 13.30 hours on Wednesday, 17 October 2018.

### On-site registration

Participants are requested to arrive at the venue at 8.30 hours on 15 October 2018 for the registration.

### Working language

Working language and symposium materials will be provided in English.

### Permanent symposium’s displays (15-17 October 2018)

MARKET PLACE on methodologies and tools in support for operationalizing the implementation of the ICN2 FfA will be open at the venue during the symposium.

### Posters display (15-17 October 2018)

Posters on Traditional recipes and under-utilized foods on posters and Regional trends in Capacity development in nutrition research in CSEE will be displayed at dedicated place at the venue during the symposium.

### Symposium dinner:

15<sup>th</sup> October 2018, Monday

16<sup>th</sup> October 2018, Tuesday

### List of participants

Country	Name	Institution
<b>Albania</b>	Zef Gjetax	Department of Public Health, Tirana, Albania
<b>Belgium</b>	Carl Lachat	Department of Food Technology, Safety and Health, Ghent University, Ghent, Belgium
<b>Bosnia and Herzegovina</b>	Katica Arar	Food Safety Agency, Mostar, Bosnia and Herzegovina
<b>Bosnia and Herzegovina</b>	Aida Filipović-Hadžiomerađić	Federation Institute for Public Health, Sarajevo, Bosnia and Herzegovina
<b>Bosnia and Herzegovina</b>	Dragana Stojisavljević	University of Banja Luka, Faculty of Medicine, Public Health Institute of the Republic of Srpska, Banja Luka, Republic of Srpska, Bosnia and Herzegovina
<b>Bulgaria</b>	Vesselka Duleva	Head of Department "Food and Nutrition", National Centre of Public Health and Analyses
<b>Croatia</b>	Zvonimir Šatalić (provided data for country but can't participate)	Faculty of Food Technology and Biotechnology, University of Zagreb, Croatia
<b>Czech Republic</b>	Marcela Dofkova (provided data for country but can't participate)	National Institute of Public Health in Prague, Center for Health, Nutrition and Food, Brno, Czech Republic
<b>Denmark</b>	Steen Stender	Department of Nutrition, Exercise and Sports, University of Copenhagen, Copenhagen, Denmark
<b>Estonia</b>	Änn Jõgi	Department of Nutrition Research, National Institute for Health Development, Tallinn, Estonia
<b>Hungary- FAOREU</b>	Raimund Jehle	Regional Program Leader, FAO Regional office for Europe and Central Asia, Budapest, Hungary
<b>Hungary- FAOREU</b>	Aniko Nemeth	Food Safety and Nutrition Junior Technical Officer, Regional Office for Europe and Central Asia, FAOREU, Budapest, Hungary
<b>Hungary</b>	Viktoria Anna Kovacs	National Institute of Pharmacy and Nutrition, Budapest, Hungary
<b>Hungary</b>	Eszter Sarkadi	National Institute of Pharmacy and Nutrition, Directorate General of Institute for Food and Nutrition Science, Department of Nutritional Epidemiology, Budapest, Hungary
<b>Italy</b>	Sofia Ioannidou	Scientific Officer, Evidence Management Unit (DATA), European Food Safety Authority (EFSA), Parma, Italy
<b>Italy</b>	Laura Kirwan	EFSA trainee, European Food Safety Authority (EFSA), Parma, Italy
<b>Kazakhstan-UNICEF</b>	Amirhossein Yarpavar	Regional Health and Nutrition Specialist, UNICEF Regional Office for Europe and Central Asia - Almaty Bureau, Almaty, Kazakhstan
<b>Latvia</b>	Ilva Lazda	Department of Risk Assessment and Epidemiology, Institute of Food Safety, Animal Health and Environment "BIOR", Riga, Latvia

<b>Lithuania</b>	Indrė Stoškuvienė	Department of Food Risk Assessment, National Food and Veterinary Risk Assessment Institute, Vilnius, Lithuania
<b>Moldova</b>	Lidia Cosciug	Technical University of Moldova, Chisinau, Republic of Moldova
<b>Montenegro</b>	Zorica Đorđević	Institute of Public Health, Podgorica, Montenegro
<b>Montenegro</b>	Snježana Barjaktarević-Labović	University of Donja Gorica, Podgorica, Montenegro
<b>Poland</b>	Ewa Halicka	Faculty of Human Nutrition and Consumer Sciences, Warsaw University of Life Sciences, Warsaw, Poland
<b>Romania</b>	Mirela Nedelescu	National Institute of Public Health Romania, National Centre for Environmental Hazards Monitoring, Nutrition and Food Safety Department, Bucharest, Romania
<b>Russian Federation</b>	Anastasia Fabrichnova	Eurasian Center for Food Security (ECFS), Moscow, Russian Federation
<b>Serbia</b>	Aleksandar Mentov	FAO REU, National Programme Coordinator, Belgrade, Serbia
<b>Serbia</b>	Tamara Bošković	EFSA advisory board member, Head of food safety section, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia
<b>Serbia</b>	Nadežda Dukić	EFSA focal point for Serbia, Ministry of Agriculture, Forestry and Water Management of the Republic of Serbia, Belgrade, Serbia
<b>Serbia</b>	Dragana Jović	The Public Health Institute of Serbia “Dr Milan Jovanovic Batut” Belgrade, Serbia
<b>Serbia</b>	Jelena Zajeganović-Jakovljević Ivana Mišić Jelena Ćurčić	United Nations Children's Fund, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Mirjana Gurinović	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Marija Glibetić	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Milica Zeković	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Marina Nikolić	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Jelena Milešević	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Marija Ranić	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Marija Poštić	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia

<b>Serbia CAPNUTRA team</b>	Jasmina Debeljak-Martačić	Centre of Research Excellence in Nutrition and Metabolism, Institute for Medical Research, University of Belgrade, Belgrade, Serbia
<b>Serbia CAPNUTRA team</b>	Agnes Kadvan	Capacity Development Network in Nutrition in Central and South Eastern Europe, CAPNUTRA, Belgrade, Serbia
<b>Slovenia</b>	Mojca Korošec	Department of Food Science and Technology, Biotechnical Faculty, University of Ljubljana, Ljubljana, Slovenia
<b>The former Yugoslav Republic of Macedonia</b>	Igor Spiroski	Head of Department of Physiology and Monitoring of Nutrition, Institute of Public Health, Skopje, The former Yugoslav Republic of Macedonia
<b>The former Yugoslav Republic of Macedonia</b>	Shenaj Skenderoska	Institute of Public Health, Skopje, The former Yugoslav Republic of Macedonia
<b>The Netherlands</b>	Pieter van't Veer	Division of Human Nutrition, Department of Agrotechnology and Food Sciences, Wageningen University, Wageningen, The Netherlands
<b>United Kingdom</b>	Paul M Finglas	Food Databanks National Capability and Research Leader in Food & Health, Quadram Institute Bioscience, Norwich, United Kingdom
<b>List of guest participants-observers from Eastern Mediterranean Region (EMR) countries attending “Workshop on standardized methodologies for creating food composition data base”18th- 26th October 2018, Belgrade, Serbia</b>		
<b>Iran</b>	Mina Esmaeli	National Nutrition and Food Technology Research, Tehran, Iran
<b>Iraq</b>	Ahmed Madi Al Tekreeti	National Nutrition Institute, Baghdad, Iraq
<b>Kuwait</b>	Basma Dashti	Kuwait Institute for Scientific Research (KISR), Kuwait City, Kuwait
<b>Kuwait</b>	Anahita Houshirarrad	National Nutrition and Food Technology Research Institute, Kuwait City, Kuwait
<b>Pakistan</b>	Omer Mukhtar Tara	Food Technology and Nutrition Section, Food & Marine Resources Research Center, Pakistan Council of Scientific and Industrial Research (PCSIR), Karachi, Pakistan
<b>UK</b>	Mark Roe	European Food Information Resource (EUROFIR AISBL), Brussels, Belgium
<b>UK</b>	Marisol Warthon-Medina	Quadram Institute Bioscience (QIB), Norwich, United Kingdom